

## Want to look for yourself ...

Check out our website at [www.ilcnsw.asn.au](http://www.ilcnsw.asn.au) and follow these steps to get the most out of our home design ideas.

Click on: **Product Search**



Select category: **Building Requirements & Design Ideas**



Select Browse: There are 62 categories from architects and appliances to wall protectors and windows.

Once you have selected the sub-category, choose the item you are looking for and it will give you a short description, supplier and approximate price.

### About the Independent Living Centre NSW

The Centre provides information and advice about equipment, services and home design to help with a wide range of daily living activities. This is a free community service.

People usually call the telephone Info-Line as the first point of contact and receive personalised attention from an occupational therapist. You can also visit the Centre to trial various products and discuss your equipment needs and home design ideas.

We are a community service registered as a charity. We are supported by Department of Ageing, Disability & Home Care and donations.

### How to Contact Us

Independent Living Centre NSW  
Address : No.1 Fennell Street  
Parramatta NSW 2150

Info-Line: 1300 885 886

Fax: 02 9890 0966

Email: [help@ilcnsw.asn.au](mailto:help@ilcnsw.asn.au)

Web: [www.ilcnsw.asn.au](http://www.ilcnsw.asn.au)



Registered Charity CFN 11225



Independent Living Centre NSW

ABN 56 486 536 348

# Home Modification Information Advice

Make the most of your assets.  
Before embarking on home renovations or  
modifications, check out the latest in home  
design, fixtures and fittings.

The Independent Living Centre NSW has lots of design ideas for the home.

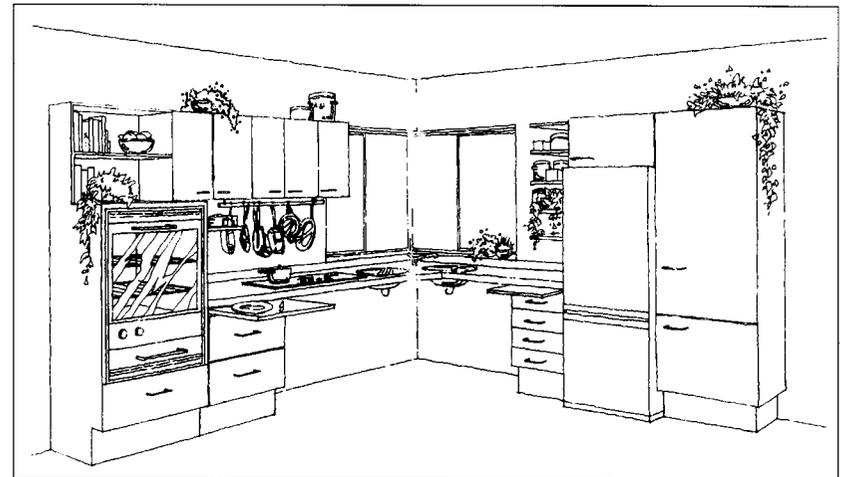
## Did you know...

- pull-out boards provide alternative work heights and reduce loss of storage space under benches
- a retractable hose fitting in the sink spout allows jugs and pans to be filled on the bench top
- a bench mounted boiling water unit or an instant boiling water tap may be easier than filling and lifting a kettle
- fitting side-by-side split drawer dishwashers directly under the bench top avoids the need to reach down to a bottom basket
- shallower sink bowls allow better knee space underneath and minimise reaching in
- a knee space for wheelchair users is required next to the refrigerator door as well as under the sink and beside the cook top
- if you need to sit to work, knee spaces under benches can be covered with doors fitted with storage baskets to maximise space
- drawers rather than cupboards are better for low level storage
- corner shelving can be placed on runners to pull out instead of reaching in
- height adjustable hand basins cater for shared bathroom facilities
- a bidet toilet unit combines a spray wash and warm air dryer
- a thermostatic mixing valve controls all the mixed water to the bathroom while allowing hotter water to the kitchen and laundry
- lever handles and large D handles on doors are easier for everyone to operate
- a parcel shelf outside the front door provides hassle-free door opening

## Want to know more ....

The Independent Living Centre offers free information and advice to people contemplating renovating or modifying their home to suit their changing needs. You can phone, fax, email or visit the Centre at Parramatta.

If you wish to have drawings or plans checked for accessibility and functionality, this may incur a fee depending on how much time is involved.



The Centre also publishes A Guide to Planning Bathrooms and Kitchens, in CD format. You can print out the relevant pages for reference and note taking. If you do not have access to a computer and printer, a black and white laser copy can be supplied. Cost \$38.50 including GST and postage.