



## DIYmodify Factsheet

# SKILLS NEEDED: Shower head on a flexible hose

## This project requires BASIC SKILLS

For this project, you will need to:

- have a good range of flexibility and mobility,
- be able to hold small items steady,
- problem solve if something doesn't go according to plan, and
- feel certain you can start and complete all the different tasks. Make sure you have everything that you will need to complete the task available and ready before you start!

If you can't do all these things easily by yourself, maybe get a friend or family member to help.

If you don't want to try it or are concerned about completing it, why not get a builder or tradesperson to do the job for you! There is a quote form in the DIYmodify App under Installation Tips that you could send off to a handyperson or builder.

## EQUIPMENT NEEDED

You will need:

- an adjustable shifter
- teflon tape
- the new handheld shower head and holder if you have one.

## STEPS TO DO THE PROJECT

**CAUTION:** Ensure there are no electrical outlets close to the shower hose reach. Make sure you have read the **Electrical Zones** information and are familiar with it.

- Remove the existing shower head – if you don't damage the shower head or the thread of the existing fitting, you can re-use this or replace it at some later time.
- Wrap Teflon tape around the existing fitting in a clockwise direction.
- Screw on the new hand held shower fitting and test to make sure the fitting isn't leaking - if it does, remove and add some more tape.
- Fix the holder at a convenient location.

### TIPS:

Use resin jawed pliers or similar and make sure you don't damage the plumbing fittings!

*\*\*This information was correct at time of printing.*